

Vegetarian Selections



Vegetable Fried Rice

Roasted Vegetables with Pasta

Roasted Vegetable Primavera

Eggplant Parmesan

Lasagna Florentine

Half Pan serves 9-12 / Full Pan serves 20-24



Roasted Vegetable Medley, served with Rice Pilaf

Vegetable Calzone

Stuffed Baked Potatoes

Eggplant Stacker

Spinach Ravioli

Spinach Stuffed Portobello Mushroom

Mushroom & Goat Cheese Strudel

Roasted Vegetable Parmesan



Vegetable Wild Rice Stuffed Pepper *Vegan and Gluten Free*

Ratatouille Stuffed Mushroom or Pepper *Vegan and Gluten Free*

Vegetable Stacker *Vegan and Gluten Free*



Gluten Free Selections

MEAT

- Herb Marinated Flank Steak
- Beef Tenderloin with Herbs & Spices
- Herb Roasted Pork Loin
- Salmon
- Thai Chili Lime Salmon
- Rockfish with Tomato & Crab Salsa or Mango Salsa
- Grilled Chicken Parmigiana
- Rosemary Chicken
- Chicken Breast with Pesto, Mozzarella & Tomato
- Shrimp Scampi

STARCHES

- Homestyle Mashed Potatoes
- Garlic Mashed Redskin Potatoes
- Red Roasted Potatoes
- Roasted Yam Wedge
- Roasted Rosemary Fingerling Potatoes
- Au Gratin or Scalloped Potatoes *No roux in Au Gratin*
- Sweet Potato Casserole *(seasonal)*
- Wild Rice *(seasonal)*

VEGETABLES

- Acorn Squash *(seasonal)*
- Balsamic Roasted Vegetables
- Broccoli with Roasted Garlic
- Corn on the Cob *(seasonal)*
- Edamame Succotash
- Garlic Spinach
- Grilled Plum Tomatoes
- Green Beans Almondine
- Honey Butter Glazed Carrots
- Marinated Grilled Asparagus
- Peas, Pearl Onions & Mushrooms
- Rapini (Broccolini)
- Roasted Butternut Squash *(seasonal)*
- Roasted Brussel Sprouts with Bacon & Leeks
- Roasted Fresh Beets
- Roasted Vegetable Medley
- Steamed Broccoli
- Steamed Sugar Snap Peas
- Szechuan Style Green Beans