



VEGETARIAN SELECTIONS



Vegetable Fried Rice

Lunch 6 oz-6.50 Dinner 8 oz-8.50

Pasta Primavera

Lunch 6 oz-6.50 Dinner 8 oz-8.50

Fresh Roasted Vegetables tossed with Penne Pasta-6.50

Roasted Vegetable Primavera

Dinner 8 oz-8.50

Lasagna Florentine

Half Pan serves 9-12-55.00 Full Pan serves 20-24-110.00

Roasted Vegetable Medley

Served with Pilaf Rice-6.50/per person

Roasted Vegetables with Pasta

Lunch 6 oz-6.50 Dinner 8 oz-8.50

Vegetable Calzone-6.50

Vegetable Pizza

12"-10.99 16"-14.99

Stuffed Baked Potatoes-3.50

Eggplant Parmesan

Lunch 6 oz-6.50 Dinner 8 oz-8.50

Spinach Ravioli-6.50

Spinach Stuffed Portobello Mushroom-10.00

Mushroom & Goat Cheese Strudel-10.00

Roasted Vegetable Parmesan-10.00

Vegetable Wild Rice Stuffed Pepper-10.00

Vegan and Gluten Free

Ratatouille Stuffed Mushroom or Pepper 10.00

Vegan and Gluten Free

Vegetable Stacker-10.00

Vegan and Gluten Free

Eggplant Stacker-10.00

Eggplant Parmesan-10.00





GLUTEN FREE SELECTIONS

M E A T

Herb Marinated Flank Steak
6 oz-9.00 or 8 oz-11.50

Beef Tenderloin with Herbs & Spices
5 oz-12.50 or 7 oz-16.50

Bourbon Steak & Onions
6 oz-11.00 or 8 oz-13.00

Salmon
6 oz-12.00 or 8 oz-15.00

Thai Chili Lime Salmon
6 oz-12.00 or 8 oz-15.00

**Rockfish with Tomato & Crab Salsa
or Mango Salsa**
6 oz-13.50 or 8 oz-17.50

Grilled Chicken Parmigiana
7 oz-9.50

Rosemary Chicken
6 oz-9.00 or 8 oz-11.00

**Chicken Breast with Pesto,
Mozzarella & Tomato**
6 oz-9.00 or 8 oz-11.00

Shrimp Scampi
Lunch-12.00 or Dinner-16.00



S T A R C H E S

Homestyle Mashed Potatoes
2.00/per person

Garlic Mashed Redskin Potatoes
2.00/per person

Red Roasted Potatoes
2.50/per person

Roasted Yam Wedges
2.50/per person



**Roasted Rosemary
Fingerling Potatoes**
2.00/per person

AuGratin or Scalloped Potatoes
No rue in AuGratin
2.50/per person

Sweet Potato Casserole*
2.50/per person

Wild Rice*
2.50/per person

V E G E T A B L E S

Acorn Squash*
2.00/per person

Balsamic Roasted Vegetables
2.00/per person

Broccoli with Roasted Garlic
2.50/per person

Edamame Succotash
2.50/per person

Garlic Spinach
2.50/per person

Grilled Plum Tomatoes
2.50/per person

Corn on the Cob*

Whole, number of ears 1.50
Halves, number of ears 75¢
Salt & Pepper Packets - # of people
Whipped Butter - 1 oz per person

Green Beans Almondine
2.00/per person

Honey Butter Glazed Carrots
1.50/per person

Marinated Grilled Asparagus
3.00/per person

Peas, Pearl Onions & Mushrooms
2.50/per person

Rapini (Broccolini)
2.50/per person

Roasted Butternut Squash*
2.00/per person

**Roasted Brussell Sprouts
with Bacon & Leeks**
2.50/per person

Roasted Fresh Beets
2.50/per person

Roasted Vegetable Medley
2.00/per person

Steamed Broccoli
2.00/per person

Steamed Sugar Snap Peas
2.50/per person

Szechuan Style Green Beans
2.50/per person

*Seasonal Items
Please ask for availability

